

Cupping & Gua Sha Certification Course



Tuition \$330 Each class – includes: Book, supply kit, certification, tuition, registration

This course covers all necessary aspects of cupping & gua sha safety, theory, application

Day 1 – Cupping & Gua Sha Level 1 (No prerequisite)

- Foundations of cupping & Gua Sha – History, use, functions, purposes, types of cupping
- Proper sanitation & care of tools & location for maintaining clean technique
- Basic five element theory - specific acu-points for cupping, location and uses
- Application & indications of stationary and moving/ massage cupping
- Client evaluation & Contraindications

Day 2 – Cosmetic Cupping & Gua Sha (Cupping / Gua Sha Level 1 Prerequisite)

- Facial, shoulder and neck massage
- Application of cosmetic cupping & Gua Sha – face and body
- Cellulite treatment/ reduction. Improving skin quality, colour & tone
- Treatments for particular conditions and problem areas
- Weight loss, Body toning, lip enhancement & Breast enhancement

There will be a theory, demonstration and practical components of this course where participants will perform cupping on one another to perfect proper technique and knowledge.

- **Date:** – Jul 1 & 2 2023~ 9–6 & 9–6
- **Where:** Nashville School Of Massage Therapy, Franklin, TN
- **Register at:**
<https://www.eventbrite.com/e/cupping-gua-sha-certification-course-tickets-594726933267>
- **Instructor-** Renée Osborne R.TCMP, R.Ac CTCMPO - NCBTMB Provider
<https://traditionalhealingartsofacupuncturemassage.com/>
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